


CONTROL DESCRIPTIONS


1 Sign	5 Signpost	9 Signpost	13 Wall corner
2 Gate	6 Seat	10 Signpost	14 Step
3 Seat	7 N.W.Seat	11 Signpost	15 Signpost
4 Signpost	8 Signpost	12 Shelter	16 Seat Recess

This course has been planned by Newcastle and Tyneside Orienteers in accordance with normal orienteering practice. However, it is not possible for the planner or the site managers to keep a constant eye on the area. Users must, therefore, accept that neither the planner nor the site managers can be held responsible for any accidents, injuries, losses or damage which may occur whilst orienteering.

LONG COURSE - Controls 1 to 16 - about 2.0 km. with total climb 60 metres

 http://www.newcastleorienteering.org.uk			Name _____			Finish _____		
			Course _____			Start _____		
			Start-Time: _____			Time-Taken _____		
			19	20	21	22	23	24
10	11	12	13	14	15	16	17	18
R	S	B	K	Q	N	A		
1	2	3	4	5	6	7	8	9
F	P	X	E	T	C	A	E	Z

SHORT COURSE (Traffic Free) - Controls 1 to 5, then 11 to 16 :about 1.5 km. with total climb 60 metres.

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			Course _____			Start _____		
			Start-Time: _____			Time-Taken _____		
			19	20	21	22	23	24
10	11	12	13	14	15	16	17	18
1	2	3	4	5	6	7	8	9